

I. CATALOG DESCRIPTION:

- A. Division: Math and Science
Department: Child Development
Course Title: Health and Safety Practices for Children
Course I.D.: CD 231
Units: 3
Lecture: 3 Hours
Laboratory: None
Prerequisite: CD 105: Child Growth and Development and
CD 126: The Child, Family and The Community

B. Catalog and Schedule Description:

This course will focus on the exploration of essential aspects and concerns of health and safety for children in early education programs. Examination of relationship of preventive health care and safety measures to optimal development and education. Focus on how to provide high quality, secure environments and health, safety and educational experiences. Knowledge of basic management of accidental injuries and illness.

II. NUMBER OF TIMES COURSE MAY BE TAKEN FOR CREDIT: One

III. EXPECTED OUTCOMES FOR STUDENTS:

Upon completion of the course, the student should be able to:

- A. Recognize conditions that effect a child's health
- B. Identify and manage common communicable and acute illnesses
- C. Formulate how to create and maintain a safe environment for young children
- D. Identify and discuss factors and issues regarding child abuse and neglect
- E. Explain age appropriate health and safety activities for young children

IV. CONTENT:

- A. Interrelationships of health, safety and nutrition
- B. Health of young children
 - 1. Promote good health
 - 2. Health appraisals
 - 3. Health assessments
 - 4. Conditions affecting children's health
 - 5. Infectious process and effective control
 - 6. Identification and management of communicable and acute illness
- C. Safety for young children
 - 1. Creating safe environments
 - 2. Safety management
 - 3. Management of accidents and injuries
 - 4. Child abuse and neglect
 - 5. Incorporating safety education experiences for young children

V. METHODS OF INSTRUCTION:

- A. Methods of instruction will include the following components:
 - 1. Weekly lecture time with a percentage of this time devoted to student participation and discussion
 - 2. Assignments that require reading of course materials outside of regular class time
 - 3. Completion of assignments that involve the use of writing skills
- B. Methods of instruction may include any or all of the following components as well:
 - 1. Lecture

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2. Video-taped instruction
3. Demonstrative experiments
4. Problem solving assignments
5. Field trips
6. Written assignments relating to experiences and outcomes

VI. TYPICAL ASSIGNMENTS:

- A. Read Section 2, Unit 2, "Promoting Good Health" (Marotz, 1997) and complete the unit review at the end of the unit.
- B. Interview a Health Professional and write a two-page paper, using the outline in your handouts.
- C. Conduct a safety inspection of a preschool classroom, playground, or home; make an analysis of deficiencies and delineate methods of correction.
- D. Locate at least five agencies or services in your community that provide assistance to abusive or neglectful families. Collect materials from these agencies describing their services.
- E. Locate and read at least three children's books written about health disorders or disease. Prepare a bibliography card for each book and use the cards to begin a file for children on related topics.

VII. EVALUATION(S):

- A. Methods of evaluation will consist of components that demonstrate the student's proficiency in course objectives. These include
 1. Written tests in the form of
 - a) Question/answer tests
 - b) Essay
Example: Briefly describe four control methods to follow for limiting the transmission of communicable illnesses at a preschool
 - c) Evaluation of research and/or term papers
 - d) Final examinations
 2. Other methods may include:
 - a) True/false tests
 - b) Matching item tests
 - c) Multiple choice tests
 - d) Completion tests
 - e) Special projects
 - f) On site teacher evaluations
- B. Frequency of Evaluation
 1. Weekly assignments
 2. Monthly unit tests
 3. One midterm
 4. One final exam

VIII. TYPICAL TEXT(S):

Edelstein, Sari F., The Healthy Young Child, West 1995
Marotz, Lynn R., Marie Cross and Jeanettia M. Rush, Health, Safety and Nutrition For The Young
Delmar 1997
Robertson, Cathie, Nutrition and Health in Early Education, Delmar 1998

IX. OTHER SUPPLIES REQUIRED OF STUDENT: None